

7 October 2020

**Presenter 2: Health & Wellness Programs – Safe Work NSW**  
**“Ergonomics, health and safety – doesn’t matter where you work”**

Name: Alice Cheng

Position: State Inspector – Health and Return to Work

Company: Safe Work NSW

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**Bio:**

Alice Cheng is the State Inspector of Ergonomics at SafeWork NSW and has over 10 years of experience in Work Health and Safety. She is currently a registered Occupational Therapist and a Certified Professional Ergonomist.

Before joining SafeWork NSW, Alice worked in the field of injury management in the insurance sector. Prior to that, she worked in occupational rehabilitation and return to work, managing a broad portfolio, ranging from NSW Police to the Department of Education.

Alice’s presentation will cover aspects such as;

Basic ergonomic principles and how it fits into health/safety/wellbeing

Getting participants to think holistically in the risk management process

Discuss example eg: vehicle ergonomics, working from home etc...